

Social Media: Keep Testing for COVID

The social media posts here are based on the following articles and publications:

Cochrane Review. Mar 2021. **Rapid point-of-care antigen and molecular-based tests for diagnosis of SARS-CoV-2 infection.** [ARTICLE HERE](#)

- Average specificities were high in symptomatic and asymptomatic participants, and for most brands (overall summary specificity **99.6%**, 95% CI 99.0% to **99.8%**)

Routsias, J.G., Mavrouli, M., Tsoplou, P. et al. Diagnostic performance of rapid antigen tests (RATs) for SARS-CoV-2 and their efficacy in monitoring the infectiousness of COVID-19 patients. *Sci Rep* 11, 22863 (2021). <https://doi.org/10.1038/s41598-021-02197-z>

- At-home antigen tests do a good job to identify when people are contagious for COVID. PCR tests can pick up very small amounts of COVID RNA that may indicate the presence of the virus even when the person is not contagious.

Center for Disease Control and Prevention. Feb 2022. **Self-Testing At Home or Anywhere** [WEBSITE HERE](#) -

- When to Test
 - Symptoms of COVID - Test Immediately
 - Exposure to COVID - 5 days after exposure
 - Attending an Indoor Gathering - Immediately before attendance
 - Gathering with People who are Immunocompromised - Immediately before attendance

You are welcome to modify these posts, **but if you make substantial changes**, please remove the MTPHI logo or check us at info@mtphi.org.

Facebook

- If you aren't sure how to post to Facebook, we've got instructions [HERE](#).
- You can also call or text Kirsten Krane at 406-838-3485.

5 Min Post (No Community-specific Changes) *****

1. Open the slide / video.
2. File → Download as PNG / Download mp4

| Topic | Post Link |
|------------------|---|
| Testing Timeline | Post is HERE Text for the post is in the Speaker's Notes of the slide. |

| | |
|----------------------------|---|
| At Home Tests Are Accurate | Post is HERE Text for the post is in the Speaker's Notes of the slide. |
| Know if You're Contagious | Post is HERE Text for the post is in the Speaker's Notes of the slide. |
| Feeling Sick? | Post is HERE Text for the post is in the Speaker's Notes of the slide. |

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- **Instagram:** @mtpublichealthinstitute